

Seton Lunch Menu - September 2024

Monday	Tuesday	Wednesday	Thursday	Friday
2 NO SCHOOL	3 Deli Sub Red Pepper Strips Hummus Apple	4 Popcorn Chicken Peas Sweet Potato Fries Grapes	5 Lil' Smokies with Cornbread Green Beans Baked Beans Pears	6 Bosco Sticks Broccoli Cucumber Orange
9 Chicken Strips Curly Fries Glazed Carrots Grapes	10 Walking Taco Carrots Hummus Kiwi	11 Orange Chicken/Rice Broccoli Stir Fry Veggies Peaches	12 Pork Tenderloin Waffle Fries Peas Applesauce	13 Fish Sandwich Coleslaw Baked Beans Raisins
16 Quesadilla Potato Olé Corn Pineapple	17 Salisbury Steak Sweet Potato Fries Peas Berries Dinner Roll	18 Pizza Casserole Roasted Chickpeas Broccoli Grapes Garlic Bread	19 Chicken Drumstick Smiley Potatoes Glazed Carrots Pears Dinner Roll	20 Meatball Sub Green Beans Broccoli Strawberries
23 Rib Patty Sandwich Sweet Potato Fries Broccoli Fruit Juice Slushie	24 Tacos Southwest Lentils Corn Applesauce	25 Grilled Chicken Sandwich Waffle Fries Green Beans Orange	26 Cheeseburger Curly Fries Mixed Veggies Raisins *Iowa Local Food Day*	27 Pancake and Omelet Carrots Broccoli Blueberries
30 Chicken Nachos Refried Beans Corn Cherries				<i>Option of lunch meat sandwich is available daily</i> <i>Milk provided daily</i>

This institution is an equal opportunity provider

Menu subject to change without notice